

VILLAGE OF ANTIOCH COMMUNITY CALENDAR

Dorothy Larson, Mayor

The "Community Calendar" provides an opportunity to keep Village Residents informed by announcing Antioch meetings, events and services. To submit information, please send it by mail to 806 Holbek Dr., e-mail to **Istahl@antioch.il.gov** or by fax to 847-838-4328 and include your name and telephone number. Articles are due by the 15th of each month. Publication is subject to review by Village staff. Thank you. Phone: 847-395-2160. Contact: Laurie Stahl

SEPTEMBER 2005



Village Hall Hours

Monday: 8:30 a.m.-7:00 p.m.
Tuesday-Friday: 8:30 a.m.-5:00 p.m.
Drop box slot available at the Village Hall after hours.



September Happenings

School bells are ringing and our long hot summer has come to an end. We are sure everyone had a chance to enjoy some or all of our summer events in Antioch. This fall we are looking forward to our **Fall Arts & Crafts Fair**, **Mother & Son Bowling Night**, **Homecoming Activities**, our 2nd annual **Octoberfest** and **Halloween Howl**. You will find more information inside this newsletter on these upcoming events.

The Antioch Parks & Recreation Department also has many opportunities planned to keep your family busy this fall and winter in the new program guide which will be available this month. There are many new programs such as Scrapbooking for adults and kids, Infant/Toddler Music classes, Kids Cooking classes as well as old favorites such as Dance, Gymnastics, Shotokan Karate and 5 Star Sports. These booklets will be distributed to all Antioch School students. If you do not have a child in school, you can pick up a booklet at the Parks Office at 806 Holbek, or at the Village Hall or Chamber of Commerce offices.

SEPTEMBER CALENDAR:

9/5 MON:	-	Labor Day No School Village Offices closed
9/6 TUES:	-	Village Board Meeting, 7:30 p.m. at Village Hall
9/8 THUR:	-	District 117 High School Board Meeting, ACHS Library 7:00 p.m. Combined Planning & Zoning Commission Meeting, 7:30 p.m. at Village Hall Antioch Township Meeting, 7:00 p.m. at Township Hall on Deep Lake Rd.
9/10 SAT:	-	Friends of the Wetlands Meeting, 9:00 a.m. at Community Building 884 Main St.
9/12 MON:	-	Brush Pick-up
9/13 TUES:	-	Friends of Library, 6:30 p.m. at the Library downstairs meeting room. Everyone welcome. Viking Youth Football & Cheerleading Assoc. Meeting, 7:00 p.m. at the Senior Center
9/15 THUR:	-	Merchant Meeting, 8:00 a.m. at Community Building 884 Main St.
9/19 MON:	-	Village Board Meeting, 7:30 p.m. at Village Hall Antioch Coin Club Meeting, 7:30 p.m. at Library, public welcome to attend. For more info call JoAnne at 847-395-4738
9/21 WED:	-	Immunization Program at VFW Hall Post #4451, 4:00-6:00 p.m. at 75 North Avenue Antioch Park Board Meeting, 7:00 p.m. at Village Hall

Village of Antioch - 874 Main Street - Antioch, IL 60002 - 847-395-1000 - Fax 847-395-1920 Trustees: Robert J. Caulfield Jr., Lawrence M. Hanson, Robert E. McCarty, Scott A. Pierce, Barbara S. Porch, Mary J. Turner

9/22 THUR:	 Homecoming Parade and Pep Rally, 6:30 p.m. Main St. Pep Rally following at ACHS football field District 117 Board Meeting, at LCHS Library 7:00 p.m.
9/23 FRI:	- Homecoming Varsity Game, 7:00 p.m. ACHS Football field
9/24 SAT:	- Friends of the Park Clean-up at Jensen Park, 9:00 a.mNoon
9/27 TUES:	- Antioch Public Library District Board Meeting, 7:00 p.m. at Library
9/28 WED:	- AYLL Meeting, 7:00 p.m. At AUGS

Visit us on our NEW Web Address: at http://www.antioch.il.gov/

SPECIAL EVENTS AND NOTICES

PUBLIC NOTICE FROM THE DEPT. OF PLANNING & ZONING EFFECTIVE IMMEDIATELY: Due to severe drought conditions, no sod is to be installed. The ban on the installation of sod will not be lifted until after the weather significantly changes which, we anticipate being some time after Labor Day. This ban will remain in effect until further public notice.

PARKS & RECREATION NEWS

Antioch residents can still purchase tickets for our 7th annual **Mother/Son Bowling Night**. The event will be held on Sunday, September 18th from 4:00 - 6:00 p.m. at the Antioch Bowling Lanes. Tickets are \$20 per couple (\$10 for an additional son). Two games of bowling, a memorable photo and refreshments (hot dog, chips and a pop) will be included along with shoe rental. Bumper bowling will be made available upon request. Because this is a family event, there will be no smoking or drinking of alcohol allowed. Tickets for non-residents will go on sale on September 6th if still available.

We still have limited space in our 2005 Camp Crayon Pre-school for 3 and 4 year olds. Call the Parks Office at 847-395-2160 for more information. We are also taking registration for our "Time For Me Two" parent/tot program for 2 and 3 year olds. These classes are a unique experience between a parent/guardian and child. Classes are an hour and a half on Fridays. Session 1 will begin on Friday, September 23rd and runs for 8 weeks. The fee is \$65 for each 8 week session for Antioch residents. The time for this class is from 9:00 - 10:30 a.m. This class will be held at the Scout House at 770 Cunningham Drive, next to the Saw Mill.

See other upcoming fall classes on the inside pages of this newsletter and a complete listing is available in our new Fall & Winter 2005 Program Guide and can also be found online at www.antioch.il.gov

DEPARTMENT OF COMMUNITY SERVICES REMINDER

Orchard Street from Main St. to Depot St. will be closed for the Arts and Craft Faire on Friday evening, September 9, 2005 to Sunday evening, September 11, 2005. Skidmore Dr. will also be closed from Orchard St. to the last driveway out of the parking lot behind BJ's Fashion Store for Men. Business people, tenants, and deliveries will use Park Ave. to enter the access road from Skidmore Drive. Depot St. and Ida St. can be used as alternate routes. Please be patient and remember this event benefits Antioch.

ANTIOCH'S FALL ARTS & CRAFTS FAIRE

On September 10th and 11th, the Antioch Chamber of Commerce and Industry will host Antioch's Fall Arts and Crafts Faire. This Fall Faire will be held on Orchard Street Extension and Skidmore Drive. The Orchard Street Extension will be closed the evening of September 9th and reopen the evening of September 11th. Artisans and Crafters from around the country will gather in Antioch for this juried hand-crafted Faire. Over 140 booths will be on display for a wide variety of wood, jewelry, seasonal, metal, porcelain, photography clay, and other media. Our juried Faire provides for the very best in selection, variety, and quality. For exhibitor or consumer information on the Faire, please call the Antioch Chamber at 847-395-2233, or visit our website an AntiochChamber.org.

VOLUNTEERS NEEDED

The Department of Community Services, Special Events is looking for volunteers to help run fun and exciting games and contests at our 2nd annual Octoberfest on October 8th. We need help running the Weiner Races, the Pet Parade, Fun Fair for Kids and other activities during the day.

And as usual we are also looking for volunteers during Halloween Howl on October 21st and 22nd. We need help running the children's games and we also need monsters. You must be 16 to be a monster. On Friday, Oct. 21 we open from 4:30 p.m. to 8:30 for the under 10 years old children's activities and stay open to 10 p.m. with the monsters areas. On Saturday, Oct. 22, we open from 12 noon to 6 p.m. Then at 6 p.m. we start the entertainment and the costume contest at the band shell on Skidmore Drive.

If you can help with either of these events, please call the Department of Community Services, Special Events at 847-395-6342.

OCTOBERFEST NON-PROFIT VENDORS

Fall is just around the corner and that can only mean that the Village of Antioch's 2nd Annual Octoberfest is almost here. On Saturday, October 8, 2005 from 12 noon to 10 p.m. down-town Antioch will be transformed into a German festival of food, games, and entertainment. We invite all Antioch non-profit organizations to participate, thus making it truly a community event. You can raise money for your organization by selling food on Skidmore Dr. in front of the band shell or snacks on the sidewalks downtown during the day.

If you are a business and would like to participate you could sponsor and run a contest or an event. For more information, please call the Department of Community Services, Special Events at 847-395-6342.

OCTOBERFEST SIDEWALK CRAFTERS WANTED

We are looking for crafters to sell their handmade crafts on the sidewalks of Main and Lake Streets from 12 noon to 5 p.m. during our 2nd annual Octoberfest on October 8, 2005. We will have activities all day long. The cost for the sidewalk space is \$20.00 and is non-refundable. You supply your own tables. Please RSVP by September 30, 2005 to the Department of Community Services, Special Events at 882 Main Street or by phone at 847-395-6342.

Name
Address
Phone
Craft

ANTIOCH FINE ARTS FOUNDATION GALLERY

Antioch Fine Arts Foundation Gallery hosts a free acoustic folk music song circle on the second Saturday of every month from 1:00 - 4:00 p.m. Come enjoy an afternoon of music and fine art by local artists at 983 Main Street in Antioch. For more information call 847-838-2274.

TIM OSMOND SPORTS PARK FUNDRAISER

The Antioch Parks Coop which is a cooperative group made up of both Village and Township representatives has enhanced the raffle which benefits construction of the Tim Osmond Sports Park which will be built on Depot Street in Antioch. This Sports Park will include fields for all area sports programs such as Viking Football, Antioch Youth Little League, Antioch Youth Baseball, and Antioch AYSO.

The Raffle has been extended to Antioch's Taste of Summer 2006 to allow for the community to participate in this enhanced raffle opportunity. Raymond Chevrolet has donated a beautiful yellow 2004 Convertible SSR and with it comes a "Year's worth of FREE GAS" which is donated by the Antioch Chamber of Commerce and Industry. Each raffle ticket purchased also comes with a \$10 off Oil Change at Raymond Chevrolet.

Tickets are available at the Antioch Village Hall, Antioch Parks Dept., Antioch Chamber of Commerce, Antioch Township Hall, State Bank of the Lakes, First National Bank Employee Owned, and Raymond Chevrolet. Tickets are \$20 each or six for \$100. Make checks payable to the Antioch Parks Coop. Please call the Antioch Chamber at 847-395-2233 for tickets. The winner is responsible for all taxes, license and titling fees for the Chevrolet SSR.

PM&L THEATRE

PM&L opens Season 45 with the comedy **The Sisters Rosensweig** by Wendy Wasserstein at the PM&L Theatre, 877 Main St., Antioch on September 16 at 8:00 pm. Continuing show dates are September 17, 23, 24, 30 and October 1 at 8:00 pm and September 18, 25 and October 2 at 2:30 pm. Call 847-395-3055 for reservations. Tickets are \$12 for adults and \$10 for students and seniors.

Director Bruce Weise of Woodstock has chosen cast members Jim and Whitney Behr of Gurnee, Linda and Steve Willding of Lindenhurst, Mary Weise of Woodstock, Dean Griffiths of Round Lake Beach, Reggie Reynolds of Antioch, and David Stironek of Fox Lake who is also stage manager.

The remaining shows in Season 45 "Rising Above the Ordinary!" are **Annie Get Your Gun** (musical) running November 11-27; **The Crucible** (drama) running February 3-19, **2006**: **Snoopy!!!** (musical) March 24-April 9; **Over The River and Through The Woods** (comedy) May 26-June 11; **Gypsy** (musical) July 21-August 6. Season ticket prices are \$70 for adults and \$60 for students and seniors.

ANTIOCH PUBLIC LIBRARY DISTRICT

Adult Programs for September 2005. Please call 847-395-0874 to register for the following programs.

September 1, 2005, Thursday, 7 PM. - "The Celtic to Bluegrass Music Connection".

Marcille Wallis-Marcille's musical interests have taken her from the grand opera houses of Europe, to one-room cabins in remote coves of North Carolina, to the Wonderful World of Disney! Marcille's music can be heard on radio stations worldwide and on PBS Television across the U.S.

Matt Miller- Matt has an impressive list of fiddle competitions and wins under his belt, most notably, the title of 2004 Florida State Youth Fiddle Champion. This program explores the connection between Celtic music and Bluegrass music. A hammered dulcimer and a fiddle beautifully define and enrich the songs played.

September 8, 2005, Thursday, 7 PM. "Sahara," rated PG-13.

As an adaptation of Clive Cussler's best-selling novel, this high adventure story is set in Africa on a search for a Confederate ironclad ship that might have impossibly ended up there.

September 15, 2005, Thursday, 7 PM. "Taking Care of Turf Grass." with Don Guzan. Don Guzan will speak on the care and feeding of turf grass through the changing seasons.

September 18, 2005, Sunday, 2 PM. "Best of the 20th Century" with Bill and Susan Goodman. This lively musical variety show highlights the beloved music, unforgettable songs, and star entertainers of the last century. Ragtime, swing, operetta, love songs, as well as hits from Broadway and Hollywood are featured. Treat yourself to this energizing, funfilled show!

September 29, 2005, Thursday, 7 PM. "Landscaping New Residences," with Don Guzan. Plan for your new home's landscaping needs now and be ready to plant in spring.

Children Programs for September 2005. Registration will be taken in person, August 29-September 10.

"Fall Fun" Storytime Sessions

Fall Storytimes are for 3, 4, & 5 year olds as well as a Caregiver & Tot time for 2 year olds. Registration will be taken in person at the children's desk, August 29 through September 10. This 12 week session will begin September 13 & continue until the beginning of December. Caregiver & Tot time sessions will end November 16.

Our readers have many favorite and new books that we can't wait to share with the Children!

On Friday mornings we will offer a walk-in storytime. No registration is necessary for walk-in programs.

Stop in and pick up your monthly calendar to see the schedule of walk-in crafts, movies, stories, and more. Teen Programs for September 2005. Please call 847-395-0874 to register for the following programs.

September 6, 2005, Tuesday, 6:30-8:30 pm. "Teen Open Mic" Come share your original works or just your favorites! Come just to listen, hang out and eat ice cream! For Teens, Grades 6-12.

September 10, 2005, Saturday 2PM. "Henna Workshop." This workshop will be hosted by henna artist, Jig Somil. She will not only teach the history of this art form, but each participant will be supplied an art kit to learn to do it themselves! Class size limited to 15. This program is for teens ages 13-18 and requires a \$10.00 fee to cover supplies. Please come in and register at the Adult Reference Desk. A permission slip signed by a parent or guardian will be required for participation.

September 15, 2005, Thursday 4:30-5:30. "Teen Advisory Board" All teens are invited to help plan activities for the fall. Bring the name of your favorite teen magazine and a copy to share.

September 24, Saturday, 1:00-3:00 p.m. "Teen Book Discussion" This month we will be having a Kick-off party. Please bring the names of 3 to 5 books that you would like to see included in our book discussions throughout the school year. Snacks are always served!

September 30, 2005, Friday, 6-8 p.m. "Rock 'N' Roll Over Dead" Participation in this program requires detective skills. Come help solve the mystery surrounding the death of Melinda Carey, whose body was found in the local library. Pizza and Soda will be served.

Reservations for all programs are necessary to ensure that we have the right amount of supplies available. Please call 847-395-0874 and ask for Adult Reference.

SEPTEMBER IS NATION LIBRARY CARD SIGN-UP MONTH

The Antioch Public Library District and our local businesses have teamed up to offer Antioch Library card holders some special "treats." Come into the library to receive your list of businesses.

"Flash Your Card" while shopping in local businesses to receive a free item or a discount during the month of September. A list of participating businesses will be available at the library. "Flash Your Card" at the library on Wednesday, September 14, 2005 to receive a free gift.

Don't have a card? Lost yours? Is it worn and you need a new one? Bring in your ID and proof of Antioch residency during September to receive your new card. There is no charge to replace lost cards during this month.

Look on the Libraries web site for more information and a list of participating businesses. www.antiochdistrictlibrary.org.



COMMUNITY SERVICES & ORGANIZATIONS

COMMUNITY TELECARE

If you live alone or are a shut-in, you might like a daily check up call from Community Telecare. This service is free and is staffed by volunteers. If you or someone you know would like to use this service, please contact Carol at 847-395-2240 or Bev at 847-395-0897.

ANTIOCH VFW BINGO

The Antioch VFW sponsors Bingo every Tuesday night. Open to the public. Doors open at 4:30 p.m. and Bingo starts at 6:45 p.m. Pull tabs are available. Lightning game available as well.

A.A.R.P. MEETING

Antioch A.A.R.P. Chapter 387 meets on the 2nd and 4th Tuesday of each month at 1:00 p.m. at the Antioch Senior Center at 817 Holbek Dr. in Antioch. For more information, please call Sharon at 847-395-5068.

ANTIOCH KIWANIS

You're invited! The Kiwanis Club of Antioch meets every Tuesday at noon at the Bacchus Charhouse in Antioch. The Kiwanis Club of Antioch is involved in serving the children in our community and worldwide. Come join us, and have the opportunity to share your experience, knowledge and service project ideas. For more information on Kiwanis Club of Antioch please call Melissa at 847-489-8044 or e-mail her at mjrigoni@hotmail.com or Larry at 847-838-6125, e-mail BRSCOOPS@aol.com.

The Bacchus Charhouse is located at 25385 W. Rte. 173 in Antioch.

GERMAN-AMERICAN CLUB OKTOBERFEST

The German-American Club of Antioch presents its Annual OKTOBERFEST on Saturday, September 10, 2005 at 7:30 pm. Doors open at 6:00 pm at the German-American Cultural Center, Route 132. One mile west of Route 83, Lake Villa, Illinois.

Authentic music, food and drinks will be available. Please join us for an evening of Gemütlichkeit. Nice raffle prizes. Admission is \$8.00.

For ticket information please call Dorothy Jordahl at 847-356-5484.

FIBROMYALGIA/CHRONIC FATIGUE SUPPORT

The Advocates for FMS meets the first Saturday of each month at 884 Main Street (Rte. 83) in Antioch from 10:00 a.m. to noon. Please join us for a free, informative session and feel free to bring a spouse, friend or family member along. To make a reservation or for more info, call 847-362-7807. Also, check our website www.AFFTER.org mailto:info@AFFTER.org

YWCA OF LAKE COUNTY FREE MAMMOGRAMS

The YWCA of Lake County ENCOREplus provides breast and cervical cancer education services as well as free and low cost mammograms, free clinical breast exams, scheduling assistance, transportation, childcare and other supportive services to women that may not receive life saving early detection screening tests. Our participants are mostly minority women with little access to medical services. For more information concerning these services, please call 847-662-4247.

CHILD SAFETY SEAT CHECKS

The Antioch Fire Department is now offering free child safety seat checks. For more information, call the Antioch Fire Department at 847-395-5511.

TOPS

TOPS (Take Off Pounds Sensibly) meets every Wednesday. Weigh-ins start at 6:30 p.m. and meetings begin at 7:00 p.m. Meetings are held at the Antioch Senior Center at 817 Holbek in Antioch. For more information, please call Dorothy at 847-395-7407 or Betty at 847-838-3907.

THE GOOD SAMARITAN A COLLECTION & DISTRIBUTION CENTER

If you have any items that a family in need could use, we'll collect them. If you know of a family in need, we'll distribute to them. Some of the items we have are: Coats, Outerwear, Clothes, Linens, Toys, and many other items. If donating clothing, please make sure that all clothes are clean. The Distribution Center is at Distinctive Signs which is located at 43420 N. Rte. 45 in Antioch. Please call Jeff at 847-395-7217 for more information. For Food Pantry assistance or to donate food call Kathy at the Open Arms Mission Food Pantry at 847-395-0309.

CENTER FOR CULTURAL INTERCHANGE

CCI, an Illinois based exchange program, is looking for individuals and families to host a foreign exchange student for either a semester or for the school year. Find out more on how you can open your home and heart to a student at www.cci-exchange.com or contact Marge at 888-488-4056.



COMMUNITY FAMILY FUN DAY

Open Arms Mission is pleased to announce our annual Benefit for the Mother Teresa Home and Food Pantry. This Community Family Fun Day will be held on Sunday, September 11 at the American Aid Society for German Descendants on Grand Avenue, just west of Route 83 in Lake Villa (across from Cedar Lake).

Gates open at 1:00 p.m. Events include food, refreshments, live music, entertainment for the kids, fire trucks, and a dunk tank. We will also have a special 9/11 Memorial Event at 5:00 p.m. Donations are \$10.00 for adults and children 12 and under are FREE. What a great way to show your community support and enjoy an afternoon of family fun!

Our 4th Annual Motorcycle Ride will also take place this day, leaving from KC's Cabins at 11:00 a.m. and returning for dinner at 4:00 p.m. Donations are \$25.00 which includes the ride, dinner and raffle tickets.

For more information or to obtain tickets, please contact Open Arms at 847-395-0309. As this is our once-a-year fund-raiser, please help us by selling tickets to family, friends and co-workers. All donations are tax-deductible.

Open Arms is your community outreach program assisting over 400 neighbors each week, including children, elderly and homebound neighbors. We are 100% volunteer and solely supported by community involvement. Thank you for helping to make a difference, one neighbor at a time. All donations are tax deductible. Our mailing address is Open Arms Mission, P.O. Box 79, Antioch, IL 60002. For further information, please call 847-395-0309.



SCHOOL & CHURCH **NEWS**

HEALTH SCREENING

St Peter's Catholic Church will be hosting a health screening for the community on Monday, September 19TH. The location is Frawley Hall, 557 Lake Street. The screenings are open to the public.

Life Line screens the carotid arteries in the neck to determine if you are at risk for stroke. Up to 75% of all strokes are linked to carotid artery blockage. Screenings of the arteries of the legs are offered to check for peripheral artery disease, which is linked to heart disease. A third test is performed for aneurysms in the aortic vessel of the abdomen. Life Line also offers a bone density screening to test for early detection of osteoporosis.

These non-invasive, completely painless, ultrasound screenings take about 10 minutes each. Each of the 3 vascular tests are offered for \$45.00 each, Osteoporosis for \$35.00. Complete vascular screening (3 tests) for \$ 109 or all 4 tests for \$129. PRE-REGISTRATION IS REQUIRED.

Please call 800-324-1851 for your appointment or for more information.

THE QUEST FOR AUTHENTIC MANHOOD

Men's Fraternity launches Thursday nights (24 total sessions) beginning September 15th at 7:00 pm. Explain "What is a real man?" Be empowered for true positive change. Insure that your life makes a difference. Improve your marriage and family life. Call for details and free sign up to CrossView Church at 847-395-4117.

BRING YOUR CAN TO HAIR DESIGNS UNLIMITED

Starting September 1, 2005, Hair Designs Unlimited, 912 Main, Antioch, IL, (847) 395-3338, will be hosting a food drive to benefit the Antioch Food Pantry, located in Open Arms Mission. We will be accepting all unexpired non-perishable food items that do not have to be refrigerated or frozen, also cash donations. The food drive will run from September 1, 2005 until September 30, 2005. The food pantry will accept any cans, including canned meats and stews, packaged goods: spaghetti, cereals, soups, rice, etc. Also condiments, such as: pickles, ketchup, mustard, barbecue sauce etc. This is the Pantry's hardest time of year as their supplies are dwindling. So please bring you can to Hair Designs Unlimited!



P. M. & L. Theatre Order Season 45 Passes Now

The Sisters Rosensweig

Runs Sept. 16th to Oct. 2rd., 2005

New Box Office Hours

6:00-8:00 pm M-Th., 11:00-2:00pm Sat. and 1 1/2 hrs. before curtain

847-395-3055 877 Main St. Antioch

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UPCOMING PARKS & RECREATION PROGRAMS

IMPORTANT!! PLEASE REGISTER FOR ALL CLASSES AT LEAST 1 WEEK BEFORE START DATE TO AVOID CANCELLATION OF CLASS!! The following classes will be coming up soon. Please call the Parks Office at 847-395-2160 for more information on the classes listed below or stop by the Parks Office at 806 Holbek Dr. for a detailed brochure.

SHOTOKAN KARATE - Many Shotokan Karate classes are available for children beginning at age 3 all the way up to adults. Classes offered: Lil' Dragons (3-5 yrs.), Lil' Tigers (5-8 yrs.), Beginner/Intermediate 1 & 2, Advanced Mixed, Adult Beginner/Intermediate/Advanced Class, Beginning Kobudo, Strength & Conditioning Class, Advanced Kata Class, Tournament Training, and Cardio-Kickboxing. All classes held at the Parks Building at 806 Holbek Dr. Please call 847-395-2160 or 847-395-5424 or more information.

5 STAR SPORTS - Back by popular demand! 5 Star Sports is a company that was founded by five coaches who have a true love for kids and sports. They believe that athletics can be a great building block for all children. Their main goal is to give children skills they need to exceed in sports while giving them the confidence to exceed in everything else. Classes begin the week of 9/13 and are for kids beginning at 2 years old, all the way through 8th graders. Classes available are: Family Olympics (multi-sports covered) for 2-3 yr. olds and parent, Mini Olympics (multi-sports covered) for 3-4 yr. and 4-6 yrs., Basketball Skills for 3-4 yrs. and 4-6 yrs., Basketball League for 6-8 yrs. and 9-12 yrs. Call the Parks Office for exact dates, times and locations offered.

HORSEBACK RIDING LESSONS - at Windance Acres, 803 Cedar Lake Rd. in Lake Villa. Indoor and outdoor arena. Wednesdays from 4-5:00 p.m. Session 3: 8/31-9/21 and Session 4: 9/28-10/19. Fee: \$120/130.

PILATES/YOGA - Pilates: Mat class taught by certified fitness instructor Jan Fenske. Designed to restore muscular balance and improve overall body strength. Bring a towel and a mat. 3 week session. Held at the Parks Building on Wednesday evenings from 6:00-7:00 p.m. Ses. 1: 9/7-9/28 No Class 9/21, Fees: \$40/45. **Yoga/Pilates Fussion** - A perfect class for mom's who get the kids off to school and would like to tone up. This class is a blend of Pilates and Yoga. 3-week session. Held at Parks Building on Tuesday & Thursday mornings from 9:00-10:00 a.m. Ses. 1: Tuesdays 9/6-9/27 (no class 9/20) Thursdays 9/8-9/29 (no class 9/20) Fees: \$40/45.

AMERICAN STARS OF DANCE: Tumbling: Ages 6-10 yrs. 6 wks. on Mondays 9/12-10/17 Time: 6-7:00 p.m, Fee: \$65/70. Parent & Tot: 18 months-3 yrs. old 6 wks. on Fridays 9/16-10/21 Time: 9:30-10:15 a.m. or Saturdays 9/17-10/22 Time: 9-9:45 a.m. Fee: \$50/55. Tap, Ballet, Tumbling: Ages 3-5 yrs. for 6 weeks on Mondays 9/12-10/17 Time: 4-5:00 p.m. Ages 6-10 yrs. old 5-6:00 p.m. Ballroom Dancing: Ages Adult and Young Adult will learn Ballroom, Salsa, Latin and Swing. 6 wks. 9/13 -10/18, Beg. 7:30-8:30 p.m. Int. 8:30-9:30 p.m. Fee: \$85/90.

DANCE ACADEMY: Parent & Tot Class: Ages: 16 mo.-3 yrs. 6 weeks on Mondays 9/12-10/24 (no class on 10/10), Time: 9 -9:30 a.m. Fee: \$47/52. **Pre-school Tap & Ballet:** Ages 3-5 yrs. 6 wks. on Mondays 9/12-10/24 (no class 10/10), Time: 9:45 - 10:30 a.m. Fee: \$52/57. Monthly classes available: **Teen Hip/Hop Class, Dance Line Class and Adult Hip Hop Class** call parks office for dates, times and fees.

GYMNASTICS ZONE: Parent & Tot Play & Learn: Ages 18 months-3 yrs. 6 weeks on Saturdays, 9/10-10/15 Time: 9-9:45 a.m. Fee: \$58/63. **Pre-school Gymnastics:** 4-5 yrs. 6 week session on Saturdays, 9/10-10/15 Time: 9:40-10:30 Fee: \$65/70. **Beginning Gymnastics**: Ages 6-9 yrs. Saturdays, 9/10-10/15 Time 10:30-11:30 a.m. Fee: \$75/80.

GOLF LESSONS AT ANTIOCH GOLF CLUB: Group golf lessons taught by PGA professional, Vince Juarez and PGA apprentices. Participants will learn the basic fundamentals. 3 week classes for adults and children 7-15. **Youth Classes**: Session 4: 9/14-9/28 Wednesdays, Time: 5-6:00 p.m. **Adult Classes**: Session 4: 9/14-9/28, Wednesdays, Time: 6-7:00 p.m. Fees: \$45/50.

FALL TENNIS: Court Aces will teach fall classes this year at Centennial Park. Junior Beginners: 5 weeks on Thursdays, 4 - 5:00 p.m. 9/8-10/6. Adv/Beg. 5-6:00 p.m. 9/8-10/6 Fee: \$60/65. Adults: Adv./Beg. 6-7:30 p.m. 9/8 9/29. Fee: \$70/75.

BEST DEFENSE: Safety Skills & Self-Defense for kids. What every child should know! Stranger Danger, bullies, the Internet and other real world hazards. Help your child manage scary situations and gain self-confidence. Includes 25+ discussion topics. Location: Parks Bldg. Classroom. Ages 5 and up. 3 weeks on Tuesdays 9/27-10/11, 4:45-6:00 p.m. Fee: \$50/55.

BASKET WEAVING: Potato Basket shallow round basket originally used to store potatoes, can be used to hold magazines, knitting or just about anything. Held at Parks Building on Monday, 9/26 from 6:30-9:30 p.m. Fee: \$32/37.

PROMISING PICASSOS: Basic Drawing Class for 4-6 year olds Held at Parks Bldg. On Thursdays for 4 wks. 9/22-10/13 Time: 4:30-5:15. Fee: \$32/37 Madagascar Drawing Class for ages 7-12, Thursdays for 4 wks. 9/22-10/13 Time: 5:30-6:30 p.m. Fee: \$32/37.

IMAGINATION IMPROVISATION: A journey of musical expression for early childhood. Classes held at Trinity United Methodist Church in Lindenhurst. 11 week sessions on Saturdays 9/10-11/26 (no class 9/24) Fee: \$115/120. Infants: Birth - 18 mo. 9-9:45 a.m., Toddler: 18 mo. -3 ½ yrs. 10-10:30 a.m. Pre-school: 3 ½ - 5 yr. 10:45-11:30 a.m.

KIDS IN THE KITCHEN COOKING CLASS: Learn how to make Caramel Apples and Applesauce. For kids ages 6-13 yrs. Held at the Parks Building on Saturday, 9/24 from 11:00 a.m.- 12:30 p.m. Fee: \$12/15.

Coming in October: Scrapbooking, Babysitting and More from 5 Star

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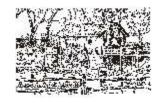
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SALES HOURS

M-F 7:30-5:30, SAT. 7-NOON

BODY SHOP M-F 7:30-5:30, SAT. 8-NOON

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